

**FALMOUTH HIGH SCHOOL  
APPLICATION FOR PHYSICAL EDUCATION INDEPENDENT STUDY**

***PART 1: DIRECTIONS:***

ALL students are required to earn two physical education credits each year at FHS. Eight total credits are required for graduation. There may be situations in which students in grades 10-12 have a full course load and are unable to schedule a PE class. Under these circumstances, students may apply for PE independent study. (Please note that students may not apply for PE independent study and have an academic support class on their schedule).

Students are responsible for designing their physical education activity with a school approved sponsor. Your PE sponsor may be a coach, teacher, physical trainer, or instructor of a special program (dance, karate, gymnastics etc.). A parent or relative may not serve as your PE sponsor.

In order to earn two credits, students must complete 72 documented hours of physical activity with a licensed professional. Students are responsible for keeping an attached log of hours with the identified physical activity and sponsor signature. All time logs are due to the guidance counselor at the end of the semester.

***PART 2: APPLICATION:***

All parts of the reverse side application must be completed and approved before adding it to a student's schedule and beginning work. Please return completed independent study application to your guidance counselor.

***PART 3: REQUIRED SIGNATURES:***

\_\_\_\_\_  
Student

\_\_\_\_\_  
Parent

\_\_\_\_\_  
PE Professional

\_\_\_\_\_  
Guidance Counselor

Principal \_\_\_\_\_

**FHS APPLICATION FOR PE INDEPENDENT STUDY**

**School year \_\_\_\_\_-\_\_\_\_\_ Semester \_\_\_\_\_ Period \_\_\_\_\_**

***\*PLEASE NEATLY ANSWER ALL QUESTIONS OR ATTACH TYPED SHEET\****

**Name\_\_\_\_\_ YOG \_\_\_\_\_ Counselor \_\_\_\_\_**

**1. Why are you making a request for physical education independent study?**

**2. Describe how you will complete 72 hours of physical activity for two credits?**

**3. Where is the location of your physical activity?**

**4. Please provide the name, title/position, and contact information for your PE independent study sponsor.**